

## **Under the Skin: The Hidden Toll of Racism on Health in America**

*Villarosa, Linda. 2023.*

Linda Villarosa lays bare the forces in the American health-care system and in American society that cause Black people to “live sicker and die quicker” compared to their white counterparts. Black people live in dirtier, more polluted communities due to environmental racism and neglect from all levels of government. And, most powerfully, Villarosa describes the new understanding that coping with the daily scourge of racism ages Black people prematurely.

## **Systemic Racism 101: A Visual History of the Impact of Racism in America**

*Pilgrim, Aminah and Living Cities. 2022.*

Discover how—and why—Black, Indigenous, and people of color in America experience societal, economic, and infrastructural inequality throughout history covering everything from Columbus’s arrival in 1492 to the War on Drugs to the Black Lives Matter movement. In *Systemic Racism 101*, you will find info-graphic spreads alongside explanatory text to help you visualize and truly understand societal, economic, and structural racism—along with what we can do to change it.

# **Recommended Reading on Race in America for Becoming Beloved Community**

## **Outside Agitator: Jon Daniels and the Civil Rights Movement in Alabama.**

*Eagles, Professor Charles. 2000.*

*Outside Agitator* tells the dramatic, largely forgotten story behind the 1965 killing of civil rights worker Jonathan Myrick "Jon" Daniels in Lowndes County, Alabama, detailing the lives of the killer and the victim. A white Episcopal seminary student from New Hampshire, Jon Daniels helped organize blacks in Selma during the events that led to the Selma-to-Montgomery march. In August 1965 he was fatally shot in neighboring Lowndes County by Tom Coleman, a highway department engineer and steadfast segregationist, who was later acquitted by an all-white jury. This book is particularly close to the hearts of the Anti-racism committee. Since 2012 we have conducted a JONATHAN DANIELS YOUTH CIVIL RIGHTS PILGRIMAGE for H.S. Students. We travel to Atlanta, Birmingham, Montgomery to visit sites important to the Civil Rights Movement examining the pivotal role that young people played in its success. The trip culminates in Haynesville, Alabama gathering with others to march and remember Jonathon Daniels. Our purpose is to inspire our young people of today.

## **The Heartbeat of Wounded Knee: Native America from 1890 to the Present.**

*Treuer, David. 2019.*

In *The Heartbeat of Wounded Knee*, Treuer melds history with reportage and memoir. Tracing the tribes' distinctive cultures from first contact, he explores how the depredations of each era spawned new modes of survival. It is the essential, intimate story of a resilient people in a transformative era.

## **Robert E. Lee and Me A Southerner's Reckoning with the Myth Of the Lost Cause**

*Seidule, Ty. 2022.*

Through the arc of Seidule’s own life, as well as the culture that formed him, he seeks a path to understanding why the facts of the Civil War have remained buried beneath layers of myth and even outright lies—and how they embody a cultural gulf that separates millions of Americans to this day.



**Anti - Racism  
committee**

## American Whitelash: A Changing Nation and the Cost of Progress.

Lowery, Wesley. 2023.

In 2008, Barack Obama's historic victory was heralded as a turning point for the country. And so it would be—just not in the way that most Americans hoped. The election of the nation's first Black president fanned long-burning embers of white supremacy, igniting a new and frightening phase in a historical American cycle of racial progress and white backlash.

## FOUR HUNDRED SOULS: A COMMUNITY HISTORY OF AFRICAN AMERICA, 1619-2019.

Kendi, Ibram X. and Keisha N. Blain. (Editors). 2021.

Four Hundred Souls is a unique one-volume "community" history of African Americans. The editors, Ibram X. Kendi and Keisha N. Blain, have assembled ninety brilliant writers, each of whom takes on a five-year period of that four-hundred-year span. The writers explore their periods through a variety of techniques: historical essays, short stories, personal vignettes, and fiery polemics.

## THE SOURCE OF SELF-REGARD: SELECTED ESSAYS, SPEECHES, AND MEDITATIONS.

Morrison, Toni. 2019.

It is divided into three parts, the first is introduced by a powerful prayer for the dead of 9/11; the second by a searching meditation on Martin Luther King, Jr., and the last by a heart-wrenching eulogy for James Baldwin. In the writings and speeches included here, Morrison takes on contested social issues: the foreigner, female empowerment, the press, money, "black matter(s)", and human rights. She looks at enduring matters of culture: the role of the artist in society, the literary imagination, the Afro-American presence in American literature, and in her Nobel lecture, the power of language itself.

## WHITE FRAGILITY – WHY IT'S SO HARD FOR WHITE PEOPLE TO TALK ABOUT RACE.

DiAngelo, Robin. 2018.

The New York Times best-selling book exploring the counterproductive reactions white people have when their assumptions about race are challenged, and how these reactions maintain racial inequality.

## BEGIN AGAIN: JAMES BALDWIN'S AMERICA AND IT'S URGENTS LESSONS FOR OUR OWN.

Glaude, Jr., Eddie S. 2020.

Begin Again is one of the great books on James Baldwin and a powerful reckoning with America's ongoing failure to confront lies it tells itself about race. Just as in Baldwin's "after times," argues Eddie S. Glaude, Jr., when white Americans met the civil rights movement's call for truth and justice with blind rage and the murders of movement leaders, so in our moment were the Obama presidency and the birth of Black Lives Matter answers with the ascendance of Trump and the violent resurgence of white nationalism. In these brilliant and stirring pages, Glaude finds hope and guidance in Baldwin as he mixes biography – drawn partially from newly uncovered Baldwin interviews – with history, memoir, and poignant analysis of our current moment to reveal the painful cycle of Black resistance and white retrenchment.

## ...for all of you are one in Christ Jesus

Galatians 3:28

## MY TIME WILL COME: A MEMOIR OF CRIME, PUNISHMENT, HOPE, AND REDEMPTION

Manuel, Ian with foreword by Bryan Stevenson. 2021.

The inspiring story of activist and poet Ian Manuel, who at the age of fourteen was sentenced to life in prison. He survived eighteen years in solitary confinement – through his own determination and dedication to art – until he was freed as part of an incredible crusade by the Equal Justice Initiative.

## RISING OUT OF HATRED: THE AWAKENING OF A FORMER WHITE NATIONALIST.

Saslow, Eli. 2019.

Rising Out of Hatred tells the story of how white-supremacist ideas migrated from the far-right fringe to the White House through the intensely personal saga of one man who eventually disavowed everything he was taught to believe, at tremendous personal cost.

## STAND YOUR GROUND: BLACK BODIES AND THE JUSTICE OF GOD.

Douglas, Kelly Brown. 2015.

The 2012 killing of Trayvon Martin, an African-American teenager in Florida, and the subsequent acquittal of his killer, brought public attention to controversial "Stand Your Ground" laws. This book is an attempt to take seriously social and theological questions raised by this and similar stories, and to answer black church people's questions of justice and faith in response to the call of God.

## CASTE: THE ORIGINS OF OUR DISCONTENTS.

Wilkerson, Isabel. 2020.

Isabel Wilkerson gives us a masterful portrait of an unseen phenomenon in America as she explores, through an immersive, deeply researched narrative and stories about real people, how America today and throughout its history has been shaped by a hidden caste system, a rigid hierarchy of human rankings.

## LOVE IS THE WAY: HOLDING ON TO HOPE IN TROUBLING TIMES.

Curry, Bishop Michael. 2020.

The way of love is essential for addressing the seemingly insurmountable challenges facing the world today: poverty, racism, selfishness, deep ideological divisions, competing claim to speak for God. This book will lead readers to discover the gifts they need in order to live the way of love: deep reservoirs of hope and resilience, simple wisdom, the discipline of nonviolence, and unshakable regard for human dignity.

## THE DEAD ARE ARISING: THE LIFE OF MALCOLM X

Payne, Les and Tamara Payne. 2020.

This historic biography conjures a never-before-seen world of its protagonist, a work whose title is inspired by a phrase Malcolm X used when he saw his Hartford followers stir with purpose, as if the dead were truly arising, to overcome the obstacles of racism. Setting Malcolm's life not only within the Nation of Islam but against the larger backdrop of American history, the book traces the life of one of the twentieth century's most politically relevant figures "from street criminal to devoted moralist and revolutionary."

## INVISIBLE MAN, GOT THE WHOLE WORLD WATCHING.

Smith, Michael Denzel. 2016.

An account of how, politically and culturally, the existing script for black manhood has been rewritten for the millennial generation.

## THE SUM OF US: WHAT RACISM COSTS EVERYONE AND HOW WE CAN PROSPER TOGETHER

McGhee, Heather. 2021.

Heather McGhee's specialty is the American economy—and the mystery of why it so often fails the American public. She found a common root problem: racism. It is the common denominator of our most vexing public problems, the core dysfunction of our democracy and constitutive of the spiritual and moral crises that grip us all. But how did this happen? And is there a way out?